



Bakery Recipe

Tortilla

the chemistry behind **healthier baking**

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Bakery Recipe – Tortilla

Ingredients	g	Ingredients	g
Plain flour	100	Potassium sorbate	0.4
Salt	1.2	PELL™ K-Rise Baking Powder	1.4
Sugar	1.0	Shortening	10
Calcium propionate	0.4	Water	52

Method

1. Pre-heat hotplate to 180°C
2. Pre-heat electric heated tortilla press following manufacturer's instructions
3. Set up a food mixer with a k-beater attachment
4. In the mixer bowl, mix all dry ingredients for 1 minute on a slow speed
5. Gradually add water over 2 minutes on a slow speed
6. Ideally, water should be heated slightly to achieve a dough temperature of 28-32°C
7. Scrape down the side of the bowl
8. Gradually add shortening and mix for 4 minutes on a slow speed
9. Test the dough by taking a small amount and stretching it out, if the gluten is fully developed the dough should be able to be stretched thin enough to allow light through without tearing
10. Portion the dough into 30g balls, rest for 15 minutes
11. Transfer dough balls to electric heated tortilla press and press briefly to achieve the correct thickness and size – It is not designed to cook the tortilla
12. As soon as correct shape and thickness is achieved, transfer the tortillas to the hotplate and cook for 45 seconds on each side, then turn one final time and cook for a further 45 seconds

PELL™ K-Rise Baking Powder is just one of our world-leading leavening agents. If you're interested in learning more about our extensive range, please contact: technical@kudosblends.com

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Kudos Blends Limited, Old Station Business Park,
Cleobury Mortimer, Kidderminster, DY14 8SY, UK.
☎ +44 (0)1299 271 333 ✉ info@kudosblends.com
www.kudosblends.com

