



# Bakery Recipe

## Scones

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the chemistry behind **healthier baking**

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# Bakery Recipe – Scones

Ingredients	g
Plain flour	100
Caster sugar	22
PELL™ K-Rise Baking Powder	6.0
Butter	25
Skimmed milk powder	4.0
Water	47

Method
1. Preheat the oven to 220°C
2. Sieve flour, caster sugar and PELL™ K-Rise Baking Powder into a bowl and mix to combine
3. Remove chilled butter from the fridge and cut into small cubes
4. Add chilled butter to the bowl and begin to rub the butter, flour, sugar and baking powder between the tips of your fingers until the mixture resembles bread crumbs
5. Mix skimmed milk powder and water, add over 30 seconds then mix with a wooden spoon until combined
6. Scrape down the side of the bowl then mix for a further 3 minutes, until the dough is uniform
7. Remove the mix from the bowl and begin to knead and shape into a smooth ball
8. Cover the dough and allow it to rest for 10 minutes
9. Lightly dust flour onto a suitable surface and roll out the dough to 2cm in thickness
10. Cut out the individual scones with a circular cutter and place them on a baking tray lined with parchment, then rest for 15 minutes
11. Optionally, wash the top of each scone with whole egg using a pastry brush before baking
12. Bake for 13 minutes

PELL™ K-Rise Baking Powder is just one of our world-leading leavening agents. If you're interested in learning more about our extensive range, please contact: [technical@kudosblends.com](mailto:technical@kudosblends.com)

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